

COMMUNICATION: HELP AT HOME



Working on communication skills at home is crucial for children in speech therapy because it provides consistent, high-repetition practice in a comfortable (as well as familiar) environment.

Carryover at home, school, the community helps a child's communication development to accelerate and helps transfer skills from therapy to dynamic daily life scenarios.

This type of support during daily routines or play time not only builds a child's communication, consistency and confidence -- but it can help to grow your relationship with and understanding of your child.

Strategies

SELF TALK

Talk out loud about what you're doing

INCREASE OPPORTUNITY

Target the same word all day

ADD ONE WORD

Use one more word than your child is using

SIMPLIFY

Use short phrases and sentences

ONE AT A TIME

Give only one so they ask for more

VISUALS

Show objects or pictures when talking

BE SILLY

Get attention with unexpected actions

GIVE TWO CHOICES

Do you want ___ or ___?

WAIT

Pause and give time to respond

BE FORGETFUL

Let them ask for what they need

PARALLEL TALK

Talk out loud about what your child is doing

VERBAL ROUTINES

Use the same words in daily routines

REPETITION

Repeat words over and over

MAKE COMMENTS

Make more statements than questions

